

# SPC Bulletin

## Reporting an Absence?

Please email [spc@psd.ca](mailto:spc@psd.ca) or call 780-963-2203 anytime and leave a message. Please be sure to include your child's complete name and grade and details of the absence!

## Stony Plain Central Administrators

Mrs. T. Neuman – Principal

Mr. W. Moody – Assistant  
Principal

Mrs. D. Villeneuve – Assistant  
Principal

## Principal's Message

Happy New Year and welcome to 2023! It was so great to welcome students back after the break and for many, quite an extended break with the cold weather we finished off with in December. What a cold snap that was!

With the warmer winter weather, classes will enjoy recess outdoors and physical education classes will be outside whenever possible. Some of the older classes will utilize the snow-shoeing and cross-country ski equipment we have at SPC, which is always a lot of fun! It is important that students are dressed appropriately for the weather, so please ensure that students have warm clothing and footwear with them each day.

December was a very festive month at SPC as we had many theme days, concerts and activities to highlight the holiday season. A very special thank you to our School Council/Friends of SPC and the parent volunteers who prepared an amazing pancake breakfast for the staff and students in December the week before the break. With the cold weather, the Junior High SnowBall was postponed and we look forward to Grade 7-9 classes taking part in this together on Friday, January 20th. These events are what memories are made of and we truly appreciate the generosity of our parent community and the hours that are volunteered and funds raised to support our school community!

With the beginning of a new year it is often a time to reflect, celebrate successes and set goals moving forward. Term 2 is well under way and it is amazing how quickly the weeks start to fly by between now and the end of the year. Consistent attendance is key to helping students be successful and stay on top of their learning. We look forward to sharing progress with parents at our upcoming Parent-Teacher Conferences on January 31st and February 2nd. Stay tuned for when registration will open online.

We look forward to witnessing the many successes and achievements of our students as the new year unfolds. I want to thank you for all that you continue to do as our community partners; without your ongoing, positive support we would not be able to do all that we do at SPC! On behalf of the entire staff at Stony Plain Central School, I wish you the very best in 2023!



SPC Chior at Teddy Bear Toss Oil Kings Game



# SCHOOL COUNCIL AND SOCIETY

## Get Involved. Make a Difference.

### UPCOMING MEETING DATES:

**SPC Fundraising:**  
Monday, January 16  
1:30pm - 2:30pm  
School Library



**Parent Council meeting:**  
Tuesday, January 17  
3:30pm - 4:30pm  
\*online available

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**We are excited to introduce some *\*NEW\** fundraisers for 2023!  
Watch backpacks and social media for details later in the month.**



- Sign up codes will be sent home with students mid January.
- Runs Feb 6-24



- Are you dreaming of spring or are you an early garden planner? Take a peek at what is coming! <https://makeitsow.com/seed-kits/>
- Sales run early March with delivery right after spring break.

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## VOLUNTEERS NEEDED

Pizza Fridays - 11:00am - 1:00pm

Short Notice List - would you be able to help out at the last minute for any lunch programs? Please reach out and let us know we can add you to our cancellation list in the event a scheduled volunteer can't make it!

Email us: [spc.scchair@partner.psd.ca](mailto:spc.scchair@partner.psd.ca) to let us know where you can help out!

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### Pizza Fridays - Cosmic Pizza

(pre-orders closed)

Jan 13, Jan 20, Jan 27

\*small quantities available to purchase day of  
\*volunteers still needed\*



### Hot Lunch

(ordering closed)

Jan 9 - Wok Box

Jan 16 - Quesada

Jan 17 - Hot Dogs (in house)

Jan 23 - Dominos Pizza

Jan 31 - Hot Dogs (in house)

**February Hot Lunch & Pizza Fridays will be open for ordering mid January**



SPC School Council & Fundraising Society



SPC Council & Society



[spc.scchair@partner.psd.ca](mailto:spc.scchair@partner.psd.ca)

# Snow Ball 2022

**Friday, January 20**

**11:00-3:00pm**

All the grade 7-9 students will be having Turkey Dinner/Lunch at 11:00am and the dance to follow. This event is semi-formal but only as "formal" as the students want to be. The students are really look forward to spending time with their friends, enjoying good food and maybe even dancing a little!

**Sponsored by  
SPC School Council and  
Friends of Stony Plain Central Society**

**WINTER IS  
HERE!!!**

Remember that the cold weather is now here! Please ensure that your child is dressed according to the weather.....hats, warm mitts, boots!!!!

## **Outdoor PE & Recess**

During the winter our students will be participating in PE outdoors. It is extremely important that they have the proper attire to do this (winter jacket, gloves, toque, boots and snow pants). Please help us by ensuring that your child has these every day so that they may fully participate in all PE activities and outdoor recess times.



# Strong Families: January 11 & 18

## Decreasing Explosive Behaviour Through Emotional Regulation

Parkland School Division is proud to partner with the Alberta Parenting For The Future Association to present another FREE information session for local families.

This two-part workshop is designed to help you support your child through big emotions and explosive behaviours. Come prepared to think critically about your child's temperament, strengths and emotional/behavioural challenges. You will have opportunities to brainstorm and practice ways to be a source of co-regulation for your child. With effective use of these strategies, you are likely to see improvements in your child's behaviours, self-regulation and resilience.

Childcare is available.

Dates: **Wednesday, January 11 and Wednesday, January 18, 2023**

Time: **9:30am** (Jan. 11) and **11:30am** (Jan. 18)

Location: **Family Connection Centre** (5600 - 50 Street in Stony Plain)

Presenters: **Chelsea Ohlmann**—M.A., R. Psych. (Clinical Lead, Infant and Preschool Services; Mental Health Consultant, Community Geographic Team CASA)

Please register early to reserve your spot by visiting <https://www.eventbrite.ca/e/decreasing-explosive-behaviour-through-emotional-regulation-tickets-474772054997?aff=ebdsoporgprofile>.

**For more information, please contact:**

Vicky Mamczasz

Family Supports Facilitator

Email: [vicky.mamczasz@psd.ca](mailto:vicky.mamczasz@psd.ca)



Stony Plain  
**Public  
Library**

### **Kids Night Out**

Looking for a whole night that you can just drop your kiddos off at the library?

Check out these FREE events that happen on the same night!

#### **Wednesday**

**February 8th**

[Movies and Munchies](#) (5:30-7:45pm, drop in)

[Nerf Night](#) (8-9pm, registration required, 30 max. Ages 8-14\*)

#### **Thursdays**

**March 30th, April 6th, and May 18th**

[Kids Can Cook](#) (4-5pm registration required, 10 max. Ages 6-12\*)

[Movies and Munchies](#) (5:30-7:45pm, drop in)

[Nerf Night](#) (8-9pm, registration required, 30 max. Ages 8-14\*)

*\*Program age recommendations are simply a guideline for content. Everyone is welcome to attend, regardless of age or ability! Children 5 and under, and those with special needs and abilities, must be accompanied by an adult for the best experience.*



# WE'RE HIRING!

Various administration, teaching and support positions are available.

**APPLY TODAY**

[psd.ca/employment/current-openings](https://psd.ca/employment/current-openings)



**PARKLAND**  
SCHOOL DIVISION

# JANUARY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 WINTER BREAK	3 WINTER BREAK	4 WINTER BREAK	5 WINTER BREAK	6 WINTER BREAK
9 Day 3	10 Day 4	11 Day 5 Ski/Snowboard Club	12 Day 6	13 Day 1
16 Day 2 Friends of SPC Mtg 1:30pm	17 Day 3 School Council Mtg 3:30pm	18 Day 4	19 Day 5	20 Day 6 Snowball Dinner Gr7-9 Fancy Dress Day
23 Day 1	24 Day 2 Grade 9 Immunications Superhero Day	25 Day 3 Bell Let's Talk Day Ski/Snowboard Club	26 Day 4	27 Day 5 Family Literacy Day
30 PD Day No School	31 Day 6 Parent/Teacher Conf 4 – 7pm	Feb 1 Day 1	Feb 2 Day 2 Parent/Teacher Conf 4-7pm	